

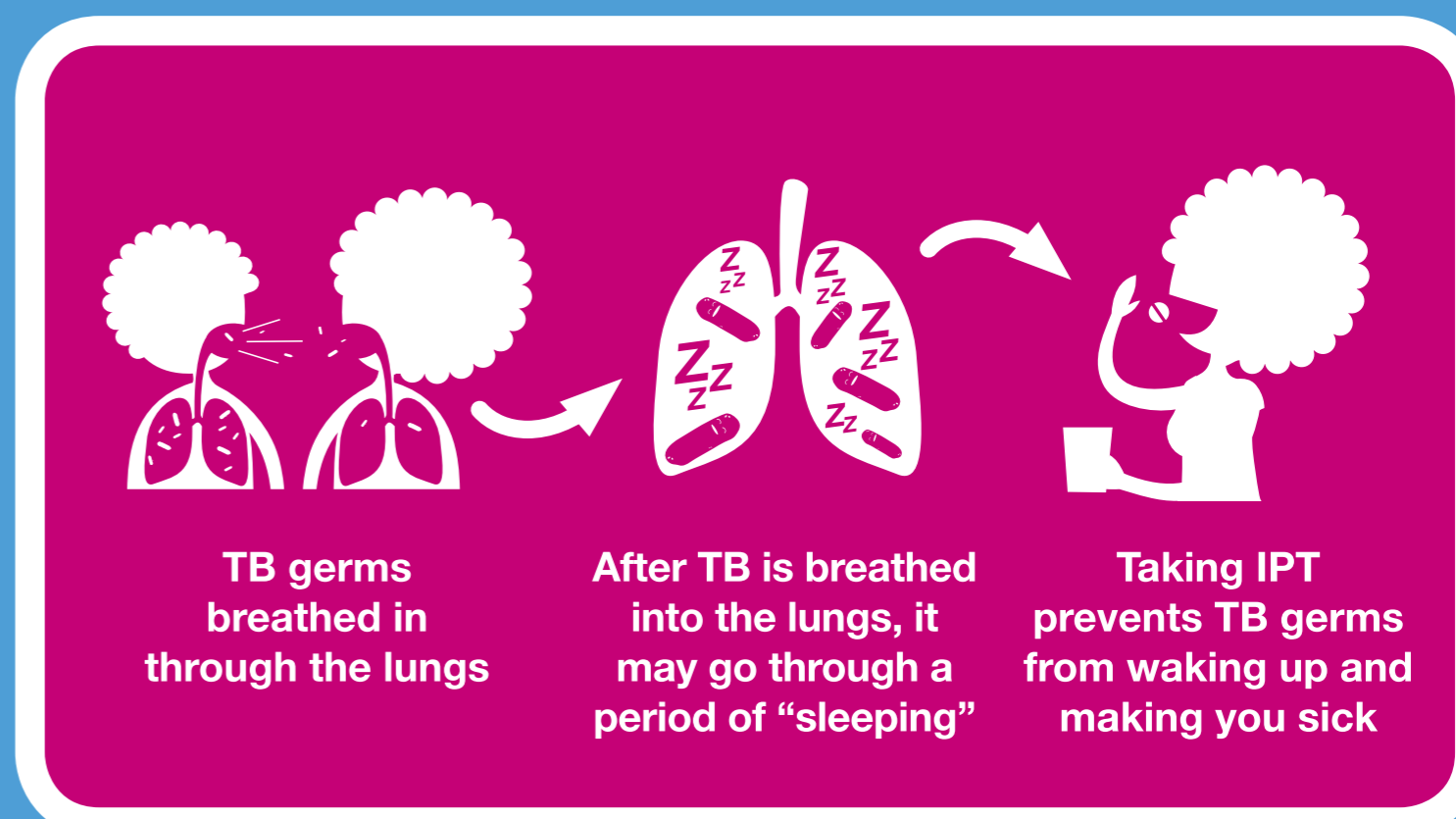
I CAN PREVENT TB

ISONIAZID PREVENTIVE THERAPY



WHAT IS IPT?

IPT involves taking a medication called isoniazid to prevent TB from making you sick



WHO SHOULD TAKE IPT?

IPT is not for everyone, but for those who are at high risk of TB. The following people may benefit from IPT:

- Adults with HIV
- Adults with silicosis (this is a lung illness that happens in miners)
- Children who have HIV and have spent time with someone with TB
- Children who are less than five years old and have spent time with someone with TB



HOW LONG SHOULD IPT BE TAKEN FOR?

- All HIV positive inmates who test negative for TB should take IPT whilst incarcerated
- Children stay with incarcerated mothers until the age of 2. All children, regardless of their HIV status, should receive IPT for the duration of their stay.

DOES IPT HAVE ANY SIDE EFFECTS?

- Most people can take IPT without any problems
- If you have any of the following visit the clinic straight away:
 - Nausea, vomiting or stomach aches
 - Poor appetite
 - Yellow skin or eyes
 - Dark urine or light coloured stools
 - Pain or tingling in your hands or feet
 - High temperature



PLEASE ASK FOR A FREE IPT PAMPHLET

WHAT SHOULD I DO IF I AM TAKING IPT?

- Remember to take your pills every day
- Visit the clinic regularly
 - Come monthly for the first 6 months
 - After that come every three months
- Avoid drinking alcohol
- Visit the clinic if any of the following occur:
 - Side effects of IPT
 - Symptoms of TB (cough, high temperature, weight loss or night sweats)



WHEN IN DOUBT SHOUT